

Footlocker West Regional Trip

Walnut, California December 7, 2013

The New Teton Running Club is planning on taking a bus to California for the Footlocker West Regional Meet. Please review this information as soon as possible and return to us with health release form. Call Brett Hill (208) 881-2028 or e-mail Brett Hill at bhill@sugarsalem.com for more info.

Bus Leaves: Thursday December 5th at 6:00 a.m. from Sugar-Salem High school. Idaho Falls pick-up 6:45 a.m. at the old Ernest Buliding on West Broadway. Pocatello pick-up at 7:45 a.m. Red Lion Hotel off the Pocatello Creek Exit. McCammon pick-up at 8:15 in front of the Flying J.

Bus Returns: Sunday Dec. 8th about 6-7 p.m.

Hotels: We will be staying at the Fortune Hotel & Suites in Las Vegas on Thursday night, Quality Inn in Walnut, Ca on Friday night, and the Fortune Hotel & Suites in Las Vegas on Saturday night.

Race Entry: You are responsible for your own registration into the race. Do this at www.footlockercc.com/west it is \$15.00 and will include a nice t-shirt. **Deadline Nov. 23rd.**

Cost: \$175.00 which includes Bus, Hotel rooms for 3 nights. **This does not include food.**

\$100 Minimum Deposit Due by: November 20th to guarantee commitment.

Name _____ PH # _____

Address _____ E-mail _____

Gender _____ High School _____ Grade _____

City _____ State _____ Zip _____

Make checks payable to: Teton Running Club

Send Checks to: Teton Running Club
 276 N 2000 E
 Rexburg, Id 83440

Teton Running Club

Footlocker Regional Championships Itinerary

Thursday Dec. 5th

6:00 am	Bus Depart Sugar-Salem High be there early
6:45 am	Bus Idaho Falls pick-up at Old Ernest Building (West Broadway)
7:45 am	Bus Pocatello pick-up at Red Lion Hotel (Pocatello Creek Exit)
8:15 am	Bus pick-up at McCammon, Soda runners (Flying J)
12:00 pm	Stop for Lunch in Provo, Ut area
5:00 pm	Stop in St. George for 30 min. run
7:00 pm	Arrive in Las Vegas & Check in to Hotel (Fortune Hotel & Suites)
10:30 pm	In your room and lights out.

Friday Dec 6th

8:00 am	Load Bus for Walnut California
8:30 am	Depart for Walnut California
12:30 pm	Stop for Lunch
2:00 pm	Check-in at Hotel (Quality Inn)
2:30 pm	Leave to Mt. Sac College to run course and pick up race packet. Bring ID.
4:30 pm	Return to Hotel
5:30 pm	Go to Dinner
10:30 pm	In your rooms & lights out.

Saturday Dec 7th Race Day!

6:15 am	First Bus will leave for race. Races #1-6
7:15 am	Second Bus will leave for race. Races #7-11
11:00 am	Last race of the day
12:30 pm	Bus will leave Mt. Sac for Las Vegas
1:30 pm	Stop in Barstow to eat
2:30 pm	Leave for Las Vegas
5:30 pm	Arrive in Las Vegas (Fortune Hotel & Suites)
6:00 pm	Go out on the town with group chaperone
12:00 am	Back to Hotel and in rooms

Sunday Dec 8th

6:00 am	Load and leave for home
6:00 pm	Arrive in Pocatello