

2013 Building Champions July 29 - 31, 2013

X-C Camp

**For More Info: Call or Text
Coach Hill 208-881-2028 or
E-mail Vectortiming@gmail.com**

Camp Agenda

Monday July 29th

12:00 pm...Campers arrive @ Sugar-Salem High
1:30 pm...Arrive at camp & Introductions
4:00 pm...Group Run & Training Session
7:00 pm...Dinner
8:00 pm...Guest Speaker
9:00 pm...Free time/Evening Activities
11:00 pm..Bed Check/ Lights Out

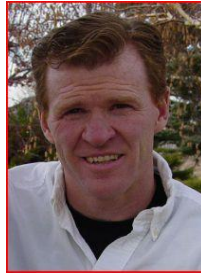
Tuesday July 30th

7:00 am...Morning Run
8:00 am...Breakfast
9:00 am...Mini Clinics (rotating groups of 10)
12:00 pm...Lunch
5:00 pm...Amazing Race
7:00 pm...Dinner
8:00 pm...Guest Speaker
9:00 pm...Evening Activity
11:00 pm..Bed Check/Lights Out

Wednesday July 31st

7:00 am...CY Challenge Yourself Run
8:30 am...Breakfast
9:30 am...Awards and Final Session
10:30 am...Final Activity Group Float of Big Springs
1:00 pm...Pick-up in Island Park or 2:30 at Sugar-Salem

Camp Personnel Include:



Brett Hill-Sugar-Salem XC/Track Coach

Brett ran cross-country and track at Malad High leading his team to the State XC in 1984. He then continued his career at Utah State University where he was All-Big West in cross-country and Big West Champion in the Steeplechase. Brett represented his country competing at the 1986 Jr. Pan Am games in the Steeplechase. His coaching career includes coaching 29 Idaho State Championship teams, 11 boys XC titles, 5 girls XC titles, 7 boys track titles, and 6 girls track titles.

Steve Reeder-XC/Distance Coach Utah State University

Steve enters his 34th year as the Aggie distance coach. He coaches both the indoor and outdoor runners in the 800 and longer distances, as well as working with the cross country team. He has coached numerous conference championship teams including the Utah State Men's Cross-Country Team to 6 WAC Conference Championships.



- Lance Taylor-Track Coach Sugar Salem High School
- Tyler Hill-Track/XC Coach Vernal, Ut
- Stewart Portela-XC Coach Firth High School
- Janson Jardine-Teton Running
- Other Local Coaches

Last Year's Campers Achievements: 50 Attendees

- **31 State Cross Country Qualifiers**
- **18 All-State Cross-Country Performers**
- **3A Girls State Champ and Team Champs**

Ages 13-18



Send Registration Form and Check to:
BC-XC Camp
Brett Hill
276 E 2000 N
Rexburg, Idaho 83440

This is a coed camp, and besides the mentioned coaches there will be three female adult chaperones (wives of the coaches) there at all times. The boys sleeping quarters will be upstairs in the lodge, and the girls will be downstairs in the lodge with the coaches and their wives on the main floor between the two floors. Campers will be asked to bring their own sleeping bag, pillow, shampoo, soap and towels for showers. Cell phone coverage is marginal at best.